

Enhance your golfing experience!

Improve your:

Swing
Flexibility
Competitive Edge

Plus: Reduce stress!



Massage: Delivered



Now available at Saratoga National Golf Club

Select one, two or all of the options below:

Pre-Game Chair Massage and Stretch

Start your day off at the course right! Pre-game chair massage will help golfers achieve greater game performance by improving flexibility, increasing mobility and reducing the risk of injury by loosening key muscle groups in the back and shoulders.

On the Tee Chair Massage

Receive a quick, invigorating chair massage while waiting to tee off at the turn. Revitalize and rejuvenate during the round which helps to promote optimal golf performance.

The 19th Hole (At the Clubhouse)

Players can relax, refresh and revitalize after their round. Post-game massage targets the areas where muscles have become stiff and sore. The post-game chair massage encourages faster recovery by relaxing the key muscle groups of the neck, shoulders and lower back.

www.massagedelivered.com

(518) 378-7362